

**Stearns Champions Park  
Adaptive Recreation in a  
Special Environment  
A.R.I.S.E.**

**4520 East 23rd Street  
Long Beach, CA 90815  
Phone: (562) 570-1686**

The A.R.I.S.E Program provides sports, recreation, and social activities for Long Beach residents with disabilities.

In addition, the Adaptive A.R.I.S.E Recreation program provides information and referral services for the disabled.

**Dining Out Field Trip  
First Wednesday Of The Month**

**October 2 @ Ecco's Pizza( \$20.00 )**

**Movie Night Field Trip  
Third Wednesday Of The Month  
October 16 @ Lakewood Theater 16  
\$25.00 Minimum**

**ADULT ARISE PROGRAM: Monday - Friday  
YOUNG ADULT ARISE: Monday, Wednesday , Friday**

**Monday:** Cooking  
**Tuesday:** Table Games  
**Wednesday:** Arts & Crafts  
**Thursday:** Field Trip  
**Friday:** Bowling \$3.50

**Special Event  
Friday October 25-Halloween Dance - \$10**

**THE HANDIVAN IS ON A FIRST COME FIRST SERVE BASIS. HANDIVAN RESERVATIONS ARE TAKEN ON MONDAY MORNING OF THE EVENT'S WEEK. PLEASE CALL (562) 570-1686 TO REQUEST THE HANDIVAN.**

**YOU WILL RECEIVE A CALL IF THE VAN IS FULL**

**CALENDAR IS SUBJECT TO CHANGE**

**City of Long Beach Parks, Recreation & Marine  
Community Recreation Services**



**STEARNS CHAMPIONS PARK  
ADULT A.R.I.S.E PROGRAM  
Monday - Friday 2:00 PM - 5:00 PM**

**October 2019**

	Monday	Tuesday	Wednesday	Thursday	Friday	
Have A Boo-tiful Halloween		<sup>1</sup> <u>Healthy Champions</u> Table Games	<sup>2</sup> <u>Arts &amp; Craft</u> Ghost Dot Art <b>Dining Out</b>	<sup>3</sup> <u>Field Trip</u> Queen Mary	<sup>4</sup> <u>Bowling</u> \$3.50	
Kiss Your Mummy Good Night	<sup>7</sup> <u>Cooking</u> Chili Beans And Chips	<sup>8</sup> <u>Healthy Champions</u> Dodgeball	<sup>9</sup> <u>Arts &amp; Crafts</u> Mummy's	<sup>10</sup> <u>Field Trip</u> Client Choice	<sup>11</sup> <u>Bowling</u> \$3.50	
Have A Fang-tastic Week	<sup>14</sup> <u>Cooking</u> Spaghetti	<sup>15</sup> <u>Healthy Champions</u> Kickball	<sup>16</sup> <u>Arts &amp; Crafts</u> Vampires <b>Movie Night</b>	<sup>17</sup> <u>Field Trip</u> Seal Beach	<sup>18</sup> <u>Bowling</u> \$3.50	
Have A Spook-en Good Time	<sup>21</sup> <u>Cooking</u> Pumpkin Rice Krispy Treats	<sup>22</sup> <u>Healthy Champions</u> Bocce	<sup>23</sup> <u>Arts &amp; Crafts</u> Jack-O-Lantern	<sup>24</sup> <u>Field Trip</u> Pa's Pumpkin Patch	<sup>25</sup> <u>Bowling</u> \$3.50 <b>Halloween Dinner/Dance</b>	
Dia De Los Muertes	<sup>28</sup> <u>Cooking</u> Fruit Salad	<sup>29</sup> <u>Healthy Champions</u> Field Hockey	<sup>30</sup> <u>Arts &amp; Crafts</u> Day Of The Dead	<sup>31</sup> <u>Field Trip</u> Thrift Store Shopping		